

## Special Diet Requests Procedures

We at Vista School strive to make sure all students receive Healthy nutrition. Should your student have any special needs or requests we will be happy to work with you on an individual basis.

### Dietary substitutions

Dietary Substitutions that do not meet the NSLP (National School Lunch Program) guidelines **must have** a Medical Statement to Request Special Meals form filled out and signed by a Medical Doctor (MD), Physician's Assistant (PA), Osteopathic Physicians (DO) Advance Practice Registered Nurses (APRN) Naturopathic Physicians (ND or NMD). For programs operating in Bureau of Indian Education schools, the Indian Health Service requires that prescribing practitioners have Drug Enforcement Administration licenses.

★ This form is available on our Schools website, or in the Front Office.

The family will return the form to the Front Office. The Medical form will be copied and a copy will remain in the students file as well as with the food service department.

Once the food service department receives the signed form the food service director will assess the request and the necessary substitutions will be made. The schools food service director will also note the need for substitutions on the students account and a pop-up reminder will display on the account at every service.

### Milk Substitutions

Milk is a required component to be offered to all students and it is their right to refuse to take milk. Should the student have a need for a milk substitution the above-mentioned form is required. Juice is not an allowable substitution for milk.

### Personal Preferences

Every attempt is made to accommodate food preference and does not require a form. Food preferences are different in nature to a medical need for substitution. Should your student have a preference, every attempt is made to accommodate them within the NSLP guidelines by the School Food Service Department. The most common food preferences are vegetarian and no pork. Here at Vista School we offer a full salad bar that has choices that meet most of the personnel preference and remain in compliance with the guidelines. Vista School is not required to make accommodations for personal preferences.

Should you have any other questions or concerns please see the Food Service Director or contact the main office.